

Media Contacts and Possible Story Lines

‘Shout Out for SHOUT’

Media contacts:

ABC

666@your.abc.net.au

act.news@abc.net.au

hill.lucia@abc.net.au

Thorpe.Clarissa@abc.net.au (ABC Radio

Canberra breakfast producer)

Chief Minister Talkback

(Friday morning 0910-0930, 24 Feb, 10 March,

24 March – 1300 681 666)

Canberra FM (106.3, 104.7)

news@canberrafm.com.au

Canberra Times

letters.editor@canberratimes.com.au

media.release@canberratimes.com.au

kirsten.lawson@canberratimes.com.au

jwaterfordcanberra@gmail.com

The Chronicle

news@chronicle.com.au

The Riot Act

contact@the-riotact.com

2xxFM

manager@2xxfm.org.au

Radio1rph

admin@radio1rph.org.au

2cc

news@2cc.net.au

Artsound

onair@artsound.com.au

Prime TV

news@prime7.com.au

Southern Cross TV

canberranews@nine.com.au

WIN TV

cannews@winns.com.au

SBS

cos@sbs.com.au

City News

editor@citynews.com.au

Parliamentary contacts:

- ACT Minister for Disability
- stephen-smith@act.gov.au 6205 2661
- ACT Minister for Health
- 6205 0051, fitzharris@act.gov.au
- ACT Chief Minister
- barr@act.gov.au; 6205 0011
- Shadow Minister Health/ Disability
- lee@parliament.act.gov.au 6205 1919

(ref: to ACT Parliament website for details)

What can I do?

- Write to the media to show your support for SHOUT
- Write to our politicians to tell them that we need action for SHOUT, etc.
- Tell your family and friends so that people affected by the potential shut down know about our situation.

Personal stories: How has 'self-help' assisted one of your clients? We'd love you to then tie this story back to SHOUT for instance, your organisation utilizes the meeting rooms at SHOUT, or is housed at SHOUT. Your client found other supports through the SHOUT network. Your client found you through a SHOUT expo, the SHOUT directory or the SHOUT website.

Example story line:

Deborah lives with a chronic condition that hit her in her 30's. She was a young mother, working to support her family, juggling the needs of her family, when she was struck down with her condition. Over a period of 6 months she found she was no longer able to work, she was struggling to meet the basic needs of getting her children to and from school each day, her husband had to take over all the household duties on top of working to support the family. Deborah became more and more isolated, she didn't have the energy to get out of the house, she was living in constant pain, her family was breaking down around her as she slipped further and further into despair at her own failing health, the lack of support from the regular health system, and the constant pain she was living in. She found your service. Her first contact began with a phone call. An hour and a half later, she felt like there was someone else in the world that understood. A few more contacts later she gained the confidence to attend a support group. There she found there were other people just like her. They encouraged her to undertake a self-help course to find ways to better manage her symptoms. She did. She set small goals for herself at first – to get up and get the kids to school. This increased to being able to prepare meals during the week, she started a low intensity exercise group with other people in the same situation as herself. Today, 5 years later, she is working again. Her family life is going from strength to strength, she's been able to come off her pain medications, and the future holds hope and joy. Deborah attributes this all to the support and guidance she received through your organisation, and had she not found this, she hates to think where she'd be today.

If you have clients who would be willing to tell their stories, and particularly, if they have a story that would work well on camera or in the print press and they are willing to do this, we would love to hear from you!

Organisational support: Talk to the media about the support your organisation gains from SHOUT.

- Do you have subsidized rent through SHOUT?
- Do you utilize the meeting rooms at SHOUT?
- Do you utilize the facilities including photocopying, reception services etc at SHOUT?
- How much do you think this would cost your organisation in the commercial world?
- Can you put a dollar value to the support you gain from SHOUT?
- Where will you be if SHOUT closes down?

Letters to the editor: letters.editor@canberratimes.com.au

Letters have started to be sent to The Canberra Times. If you can add to this we would appreciate it. Again it could be personal stories or it might just a report on the activities your organisation undertakes that will be difficult or unachievable should SHOUT have to cease trading.

We are using the "tag line" Shout out for SHOUT! Please use this for every correspondence, media, social media etc, involving SHOUT.

Thank you